



## LUTHERHAVEN

Lutherhaven Ministries takes seriously our role in keeping campers, guests, staff, volunteers, and folks back home safe and healthy, especially high-contact and vulnerable individuals. These updated COVID and new Air Quality Index (AQI) protocols make for a healthy camp, and a healthy camp means all our camps and programs can stay open for kids and families to enjoy throughout the summer.

### GUIDING AUTHORITIES

Lutherhaven Ministries' COVID protocols are based on the most recent guidance of the Centers for Disease Control (CDC) and the American Camp Association (ACA). Our AQI policies are developed in consultation with the CDC, Environmental Protection Agency (EPA), and our regional health districts. All health-related policies are developed and approved by Lutherhaven's professional Health Care Team.

## COVID

### WE WANT TO...

- Serve our community by being part of the COVID solution.
- Return summer camp to a closer sense of "normal".
- Keep our camps and programs fully open.

### VACCINES

Safe COVID vaccines are available nationwide for nearly all campers and camp participants.

- We **strongly urge all campers and camp participants to be up to date on their COVID vaccinations**, as medically advisable.
- **IMPORTANT: "Up to date" means with eligible boosters**, as medically advisable.
- All Lutherhaven "front line" staff and volunteers who regularly overnight or work in close contact with campers are **required to be vaccinated**.

### PLEASE ASSESS YOUR CAMPER'S HEALTH PRIOR TO COMING TO A LUTHERHAVEN CAMP. IF THEY ARE SICK OR HAVE BEEN RECENTLY EXPOSED TO COVID, CONTACT US TO CANCEL OR RESCHEDULE YOUR PROGRAM.

- See [www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html](http://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html)
- Have you been in close contact with anyone diagnosed with COVID within the previous 10 days?
- Have you been diagnosed with COVID within the previous 10 days?
- Do you show any symptoms associated with COVID?
  - Anyone with symptoms of infectious diseases, including COVID, influenza, respiratory syncytial virus (RSV), and gastrointestinal infections should stay home.
  - You must be fever-free for 24 hours to attend a Lutherhaven camp.

### IF YOUR CAMPER GETS SICK DURING THEIR CAMP PROGRAM

- Campers with a **fever of 100.4 or greater** will be isolated until they can be sent home. Campers must be fever-free for 24 hours to return to camp.

- Campers with **symptoms of infectious diseases**, including COVID, influenza, respiratory syncytial virus (RSV), and gastrointestinal infections must isolate and get tested at camp for COVID.
- **Campers displaying any TWO** of the following **sudden onset** symptoms (not due to a pre-existing symptom described on their Health Care Form) will be isolated and tested at camp for COVID.
  - Chills
  - Cough
  - Loss of taste or smell
  - Shortness of breath
  - Fatigue
  - Headache
  - Muscle or body aches
  - Sore throat
  - Nausea or vomiting
  - Diarrhea (at least 2 loose stools in 24 hours)
- **Any camper testing positive for Covid must isolate at camp until they can be sent home.**

**PREVIOUSLY TESTED POSITIVE FOR COVID?** Any symptomatic camper (as per above list) must be tested. Campers with a **fever of 100.4 or greater** or testing positive for COVID will be isolated until they can be sent home.

### **MASKING**

- Masks are not required at our camps for summer 2022.
- Wearing a well-fitting mask consistently and correctly reduces the risk of spreading the virus that causes COVID. Universal indoor mask use is recommended at a high COVID Community Level. Anyone who chooses to wear a mask during a Lutherhaven camp or program shall be supported in their decision to do so at any COVID Community Level.

### **EXPOSURE**

- Campers with possible exposure to COVID during their camp stay will be monitored for symptoms while at camp.
- Parents will be notified by email if their camper was possibly exposed to COVID during their camp stay.

### **QUESTIONS?**

Contact our Summer Registrar at 208.667.3459 x 119 or email [summercamp@lutherhaven.com](mailto:summercamp@lutherhaven.com)

## **AIR QUALITY INDEX (AQI)**

### **WE WANT TO...**

- Keep campers, guests, staff, and volunteers safe and healthy, especially vulnerable individuals.
- Return to regular summer camp programming as soon as possible.
- Keep our camps and programs fully open.

Air pollution from regional wildfires can increase fine particles in the air that campers breathe. Weather patterns can keep air pollutants from dispersing, resulting in unhealthy air quality at our camps. Breathing polluted air can cause health problems, including aggravating asthma and other respiratory diseases.

During unhealthy AQI events, campers will be observed for symptoms such as wheezing, shortness of breath, chest pain, headache, and dizziness, and will be seen by our Health Care Manager. Camp will begin to reduce and restrict camper activities when air quality has reached the “Unhealthy for Sensitive Groups” category. Individual students with allergies, asthma, respiratory or heart conditions may need to stay indoors when air

quality is in the “Moderate” category. Camp buildings have new, enhanced HEPA filtration systems to improve indoor air quality.

During wildfire events, parents can monitor the AQI at camp at [www.airnow.gov/](http://www.airnow.gov/); use zip code 83814 for Camp Lutherhaven and 83874 for Shoshone Mountain Retreat. Parents always have the option to pick up their camper if concerned about keeping their child at camp during unhealthy air quality events.

When Unhealthy or Very Unhealthy/Hazardous air quality is predicted for extended periods of time, especially before campers arrive, camp may be canceled for those sessions.

**QUESTIONS?**

- During regional AQI events, we will be posting updates on our Facebook page: [www.facebook.com/lutherhaven](http://www.facebook.com/lutherhaven)
- For specific concerns about your camper and air quality, contact our Summer Registrar at 208.667.3459 x 119 or email [summercamp@lutherhaven.com](mailto:summercamp@lutherhaven.com)

**AIR QUALITY INDEX AND CAMP ACTIVITIES**

Air Quality Conditions				
Good	Moderate	Unhealthy for Sensitive Groups	Unhealthy	Very Unhealthy and Hazardous
No restrictions	Allow campers with asthma, respiratory infection, lung, or heart disease to stay indoors. Monitor these campers outdoors. Increase rest periods or substitutions for these campers as needed.	Keep campers with asthma, respiratory infection, and lung or heart disease indoors. Limit these campers to moderate activities.	Keep all campers indoors and keep activity levels light. There may be times during the day that are safer for non-strenuous outdoor activity, especially at the waterfront.	Keep all campers indoors and keep activity levels light.
		Limit other campers to light outdoor activities. Allow any camper to stay indoors if going outside might affect their health.		
		Consider moving some programming indoors. For outdoor activities, increase rest periods and program substitutions to allow for lower breathing rates.		