



## 2020 GUEST GUIDE

Updated 11/20/20

Lutherhaven Ministries is committed to protecting the health of all guests, volunteers, and staff by minimizing the risks of infectious disease, including coronavirus.

**Facemasks are required to be worn by all camp staff, volunteers and guests. Please bring your own masks. We recommend bringing lighter, disposable masks for participation in strenuous activities.**

### Guidance

*Lutherhaven Ministries has a Health Care Team of medical and public health professionals who meet to provide direction on how to best provide medical care for all guests and staff at camp. Controlling the spread of infectious disease is a point of emphasis for this team.*

*Lutherhaven Ministries follows the direction of federal, state, and local governmental authorities as we respond to the coronavirus. We regularly update our protocols as directed by the CDC, comply with Idaho State orders, and follow the recommendations of the American Camp Association, regional health departments and the Lutherhaven Ministries Health Care Team, which includes medical and public health professionals.*

# Lutherhaven Ministries

Camp Lutherhaven  
Shoshone Mountain Retreat  
McPherson Meadows



## SAFETY PROTOCOLS

We are taking a number of measures as we move ahead with person-to-person ministry, as we are allowed.

- All guests above the age of two are required to wear face masks at all times when indoors, and outdoors with others when social distancing of 6 feet cannot be maintained at all times. If, during a programmed activity or during travel around camp, there is the chance of no social distancing (run around games, passing on the trail to the beach,) then face masks are required.
- Family members from the same household do not need to be masked when together in camp, as long as they are not within 6 feet of staff, guests, and volunteers.
- Face masks are NOT required when sleeping, eating, or swimming; however, social distancing must be maintained at these times when not with family members. Anyone not feeling well or at higher risk should stay at home.



## HEALTH PROTOCOLS

- Anyone not feeling well or at higher risk should stay at home.
- Help stop COVID! Regularly wash your and your kid's hands, use sanitizer, and practice social distancing!
- Hand sanitizer rated to kill coronavirus and other viruses is available in our dining hall and at stations around camp, especially in high touch areas and where people gather.
- We regularly, thoroughly clean common spaces and public bathrooms beyond our typical standards, with special attention to high-contact surfaces, to help prevent the spread of infectious disease.
- Staff and volunteers clean and disinfect camp cabins and guest bathrooms between guest groups with EPA-designated products approved to kill coronavirus and other viruses.
- Any food service is conducted according to latest protocols and guidance. The dining hall is thoroughly cleaned and frequent-touch areas disinfected before each meal.
- We are changing the way we serve meals to reduce the chance for one person to spread illness to another. There are no self-serve buffet meals.
- If any guest, volunteer, or staff exhibits common signs of COVID 19, they will be isolated in their assigned living space or in isolation until they are able to leave camp or we can rule out infectious disease.



## WHAT STAGE IS YOUR COUNTY IN?

- If your county is in phase 1 re-opening, household families and smaller groups of 10 or fewer may come to camp.
- If your county is in phase 3, larger groups may come to camp.

**This may change; we will notify you 10 days prior to your camp stay if you need to cancel your camp visit.**

- Contact your state or local health department for information on your county's re-opening phase.



## ADDITIONAL MEASURES

- **Hand Sanitizer** that is rated to kill coronavirus and other viruses will be available in our dining hall. We will also place hand sanitizing stations around camp, especially in high touch areas or where people gather.
- **Hand washing** will be emphasized with all guests and staff, including training on proper time and techniques.
- **We are changing the way we serve meals** to reduce the chance for one person to spread illness to another. There will be no self-serve buffet meals this summer.
- **Social distancing** is encouraged as much as possible, and **face masks** are required at all times when social distancing isn't possible.



- ✓ **HEALTH CHECK QUESTIONNAIRE:** *Implemented upon guest arrival at a Lutherhaven site*
- ✓ **SIGNED SCREENING FORM REQUIRED UPON ARRIVAL.**

\_\_\_ In the last 3 weeks, have you been in close contact with anyone diagnosed with COVID-19 while they were infectious?

\_\_\_ Have you been asked by a public health official or medical provider to isolate yourself?

\_\_\_ Are you being monitored by public health officials for a coronavirus exposure or for COVID-19?

If yes to any of the above, you may not travel to or be at camp until you have been released from isolation or completed your monitoring period in your jurisdiction.

**Do you have any of these symptoms?\***

\_\_\_ **New cough** (meaning a cough you don't usually have from some other condition)

\_\_\_ **Shortness of breath** (can't talk without catching your breath, or your chest feels tight when you take a deep breath)

\_\_\_ **Fever or feeling feverish**

\_\_\_ **Chills, or repeated shaking with chills**

\_\_\_ **Headache**

\_\_\_ **Sore throat**

\_\_\_ **Change in sense of smell or taste**

\_\_\_ **Muscle aches or body aches**

\_\_\_ **Vomiting or diarrhea**

If yes to any of the symptoms above, you may not come to camp or, if at camp, must be isolated until you can leave camp, or we can rule out infectious disease.

\_\_\_ **Have you sought medical care for your symptoms?** If you have not sought medical care, consult a medical provider.