



# Summer Camp Check-In Sheet

Lutherhaven Ministries - Camp Lutherhaven

Camper's name: \_\_\_\_\_

Program: \_\_\_\_\_ Date: \_\_\_\_\_

## Please Complete and Print ONE Summer Camp Check-In Sheet per camper.

An in-hand signed and completed Check-In sheet gives you quick cabin access at drop off.

## Camper Wellness and Safety **3 initials and a signature needed:**

### Infectious Illness:

Your child is attending resident summer camp where, somewhat like at school, children and youth are staying every day, all day (and night, too!) in close proximity to other campers during their camp stay.

It's no surprise that campers can bring illnesses to camp from home, whether from them personally, another family member, or a close friend.

If your child has been around another person with an infectious or viral illness within the week prior to their camp stay, OR has a fever of 100 or greater measured by mouth, PLEASE let our staff know prior to bringing them to camp. Illnesses could include things like pink eye, strep, flu, a stomach bug, a bad cold, etc. Please keep sick campers home until 24 hours after they no longer have a fever (100 degrees measured by mouth) or signs of a fever (chills, feeling very warm, flushed appearance, or sweating) without being on a fever reducing medicine.

### Here are some things we do to help keep everyone healthy at a Lutherhaven camp:

- A medical professional serves as the Health Care Manager each camp week
- Pre-camp health screening of all campers and staff at the beginning of each session they are attending
- Training all staff in infectious illness-reducing strategies
- Campers and staff clean their cabins daily
  - Sinks, door knobs, showers, countertops are sanitized
  - Cabins are swept and mopped after each camp week and during the week as needed
- Staff talk to campers about proper hand washing techniques
- Campers are encouraged to cough into their sleeve
- Bleach solutions are used to wipe down dining tables and serving counters after all meals
- Hand sanitizer is used on everyone's hands prior to entering the dining hall

### Weekly:

- Cabins are cleaned after each closing day.
- Mattress are sprayed (front/back) with disinfectant or fitted sheets are changed between every session.

### From the American Academy of Pediatrics:

#### Illnesses commonly affecting camp life which require intervention:

- |                                      |  |
|--------------------------------------|--|
| • Food allergies                     | • Conjunctivitis (pink eye)                          |
| • Upper respiratory infections       | • Asthma and other allergies                         |
| • Poison ivy                         | • Lice   |
| • Vomiting and diarrhea              | • Otitis externa (ear infections)                    |
| • Sunburn and heat-related illness   | • Streptococcal pharyngitis (strep) and sore throats |
| • Impetigo and fungal skin infection |  |

When campers exhibit symptoms of any of the above, they are monitored in the Health Care Station for a period of time, as spelled out in our policies. Campers with fever or flu-like symptoms stay in the infirmary and parents are contacted. Campers must be fever free for 24 hours without fever reducing medication before they may return to camp activities or back to their cabin group.

Depending on how much time is remaining in the camp week, number of sick campers, and determinations made by the Lutherhaven Ministries Professional Staff and medical team, parents may be asked to pick up their camper if they are not showing signs of improvement or if it is deemed necessary for them to see their primary physician.

I have read and understand the camp's policies on infections illness.

**☐** \_\_\_\_\_ **Parent/Guardian Initial**

### **Head Lice**

All campers will be certified lice-free by an initialed parent affidavit (below) or screened for live lice and/or nits during registration by the Camp Health Care Manager or designee.

Parents should check their campers head for lice prior to their arrival at camp.

If lice/nits are found upon inspection, the camper may return home for lice/nit treatment and may return post treatment. If campers are unable to return home for treatment, campers may be treated at camp using Cetaphil or Nix treatments as outlined in Lutherhaven Ministries' policies. Any campers known to have been exposed to lice will be checked a second time.

My child does not currently have lice and has not been exposed to lice for two weeks prior to their arrival at camp. I understand if lice are found present on my child, they may be sent home for treatment and allowed to return post treatment.

**☐** \_\_\_\_\_ **Parent/Guardian Initial Certifying That My Camper is Lice Free**

### **No Cell Phone or Electronic Devices Policy and No Knives Policy.**

Lutherhaven Ministries has a "No Cell Phone or Electronic Devices Policy" for campers (and staff while on duty.) As one of the largest members of the Christian camping "industry", we know parents expect the summer camp experience to "unplug" their camper from their smartphone and other devices. The Lutherhaven Ministries summer experience is not virtual—it is real, relational, and very fun!

We ask parents or guardians to please help us enforce this policy. When dropping your camper off, **PLEASE** take their cell phone(s) and other electronics home with you. Campers found with cell phones and electronic devices are asked to turn them in until they are picked up at the end of their camp week.

Note: Digital cameras are acceptable.

My child does not have a cell phone or any other electronic device. I understand that if an electronic device is found with my child, they will be asked to turn it in until they are picked up at the end of their camp week.

**ALSO**, My child does not have a knife, a multi-tool containing a knife, or any other knife type instrument.

**☐** \_\_\_\_\_ **Parent/Guardian Initial**

*I have read, understand and agree to the above policies and procedures of Lutherhaven Ministries.*

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Printed Name: \_\_\_\_\_